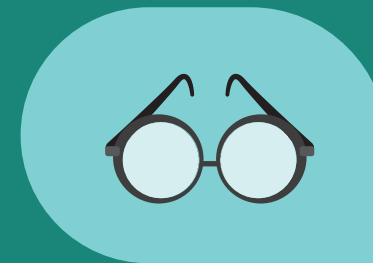




CENTRO HOSPITALAR
UNIMED



Communication NOTEBOOK

CUADERNO DE COMUNICACIÓN



Do you want to talk about what?

¿Sobre que quieres hablar?



Eat or drink
Comer o beber



Day or month
Día o mes



Ache
Dolor



I want to talk with...
Quiero hablar con...



Hygiene
Higiene



My belongings
Mis pertenencias



My health
Mi salud



Position
Posición



Requests
Peticiones



Feelings
Sentimientos



Symptoms
Síntomas

Abc

I want to write
Quiero escribir

Day or month
Día o mes

Ache
Dolor

I want to talk with...
Quiero hablar con...

Hygiene
Higiene

My belongings
Mis pertenencias

My health
Mi salud

Position
Posición

Requests
Peticiones

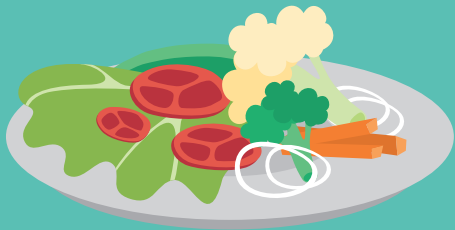
Feelings
Sentimientos

Symptoms
Síntomas

Now is...
Ahora es...



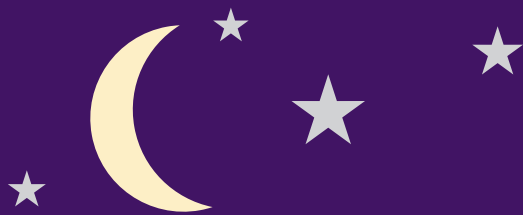
Morning
Mañana



Noon
Medio día



Evening
Noche



Night
Noche

What day is today?

¿Qué día es hoy?

S	T	Q	Q	S	S	D
Monday <i>Lunes</i>	Tuesday <i>Martes</i>	Wednesday <i>Miércoles</i>	Thursday <i>Jueves</i>	Friday <i>Viernes</i>	Saturday <i>Sabado</i>	Sunday <i>Domingo</i>

What month are we in?

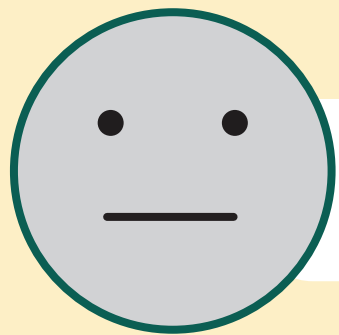
¿En que mes estamos?

 January <i>Enero</i>	 April <i>Abril</i>	 July <i>Junio</i>	 October <i>Octubre</i>
February <i>Febrero</i>	May <i>Mayo</i>	August <i>Agosto</i>	November <i>Noviembre</i>
March <i>Marzo</i>	June <i>Junio</i>	September <i>Septiembre</i>	December <i>Diciembre</i>

Level of pain

Nivel de dolor

How much pain are you feeling?
¿Cuánto dolor te sientes?



A little pain
Pequeño dolor



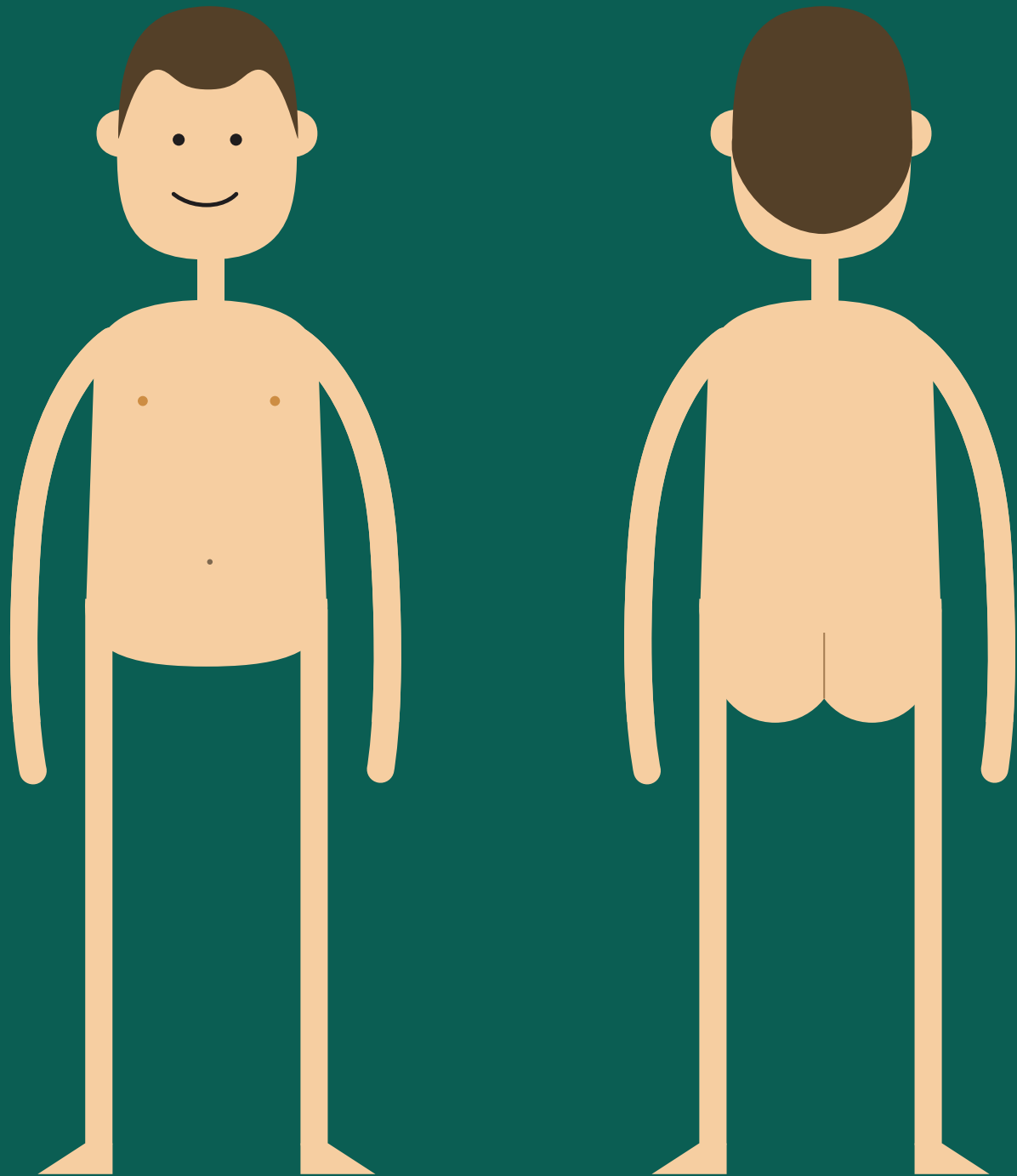
Moderate pain
Dolor promedio



Big pain
Mucho dolor

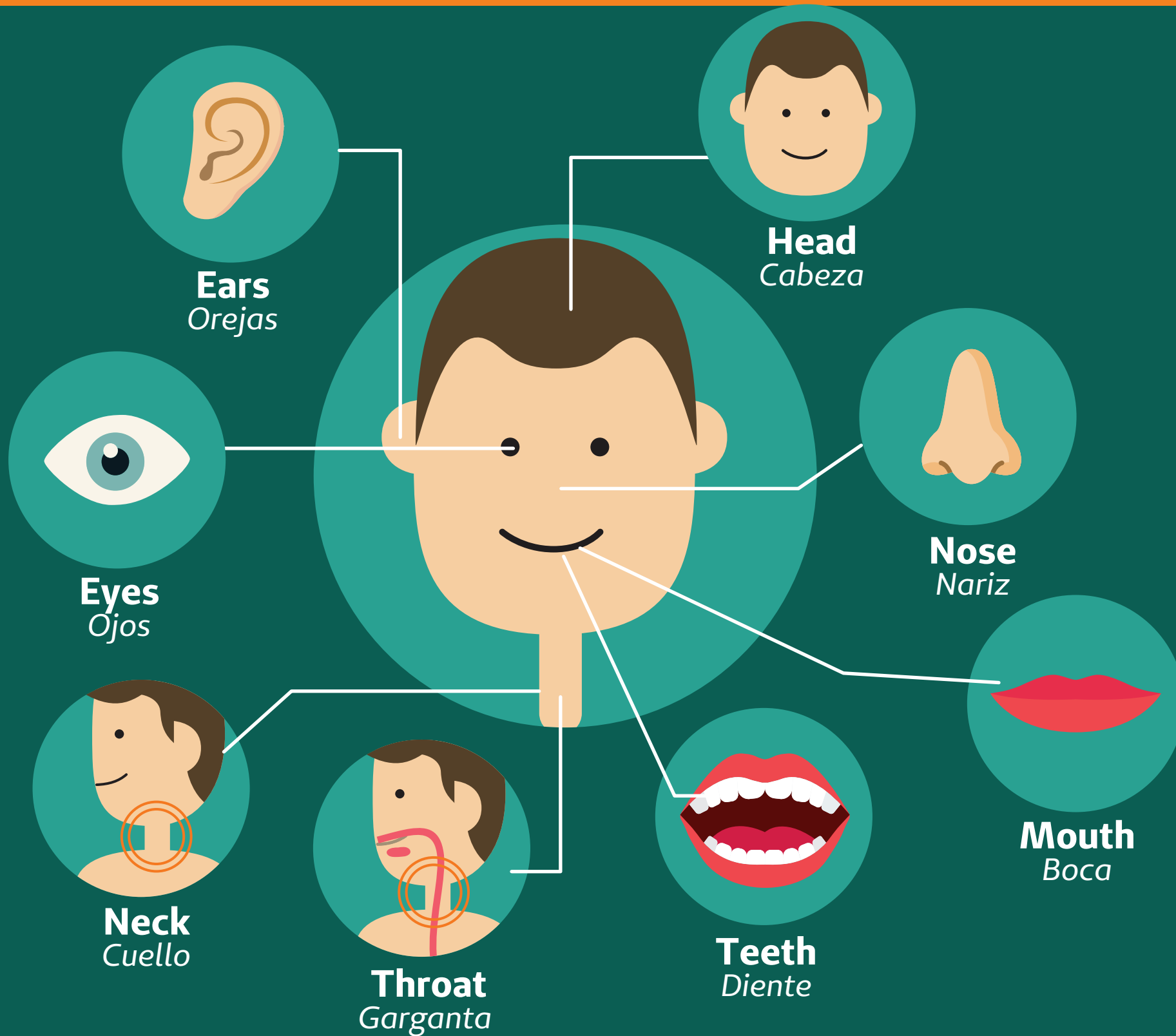
Where is it hurting?

¿Dónde está lastimado?



Where is it hurting?

¿Dónde está lastimado?



A little pain
Pequeño dolor

Moderate pain
Dolor promedio

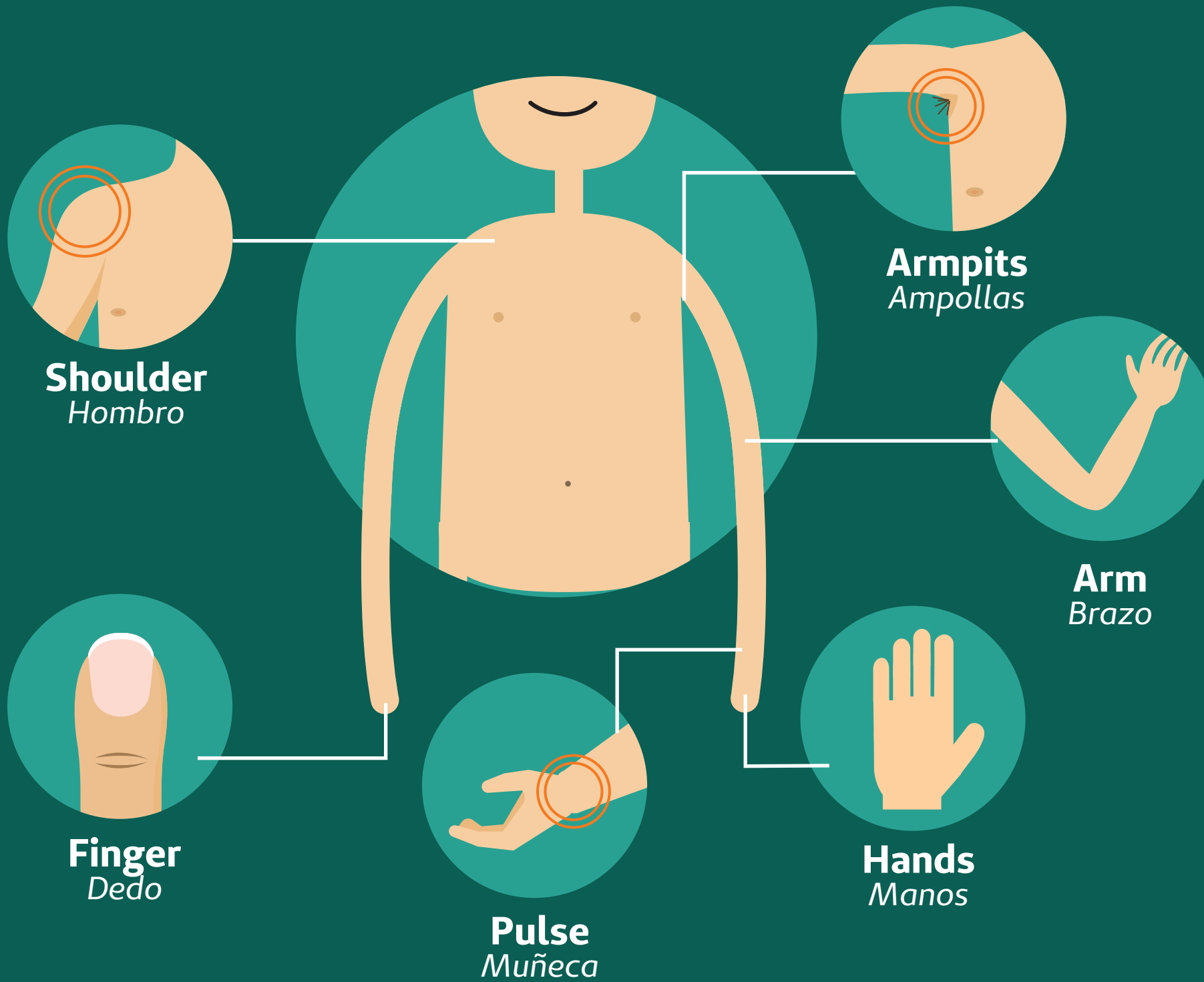
Big pain
Mucho dolor

Head
Cabeza

Ache
Dolor

Where is it hurting?

¿Dónde está lastimado?



A little pain
Pequeño dolor

Moderate pain
Dolor promedio

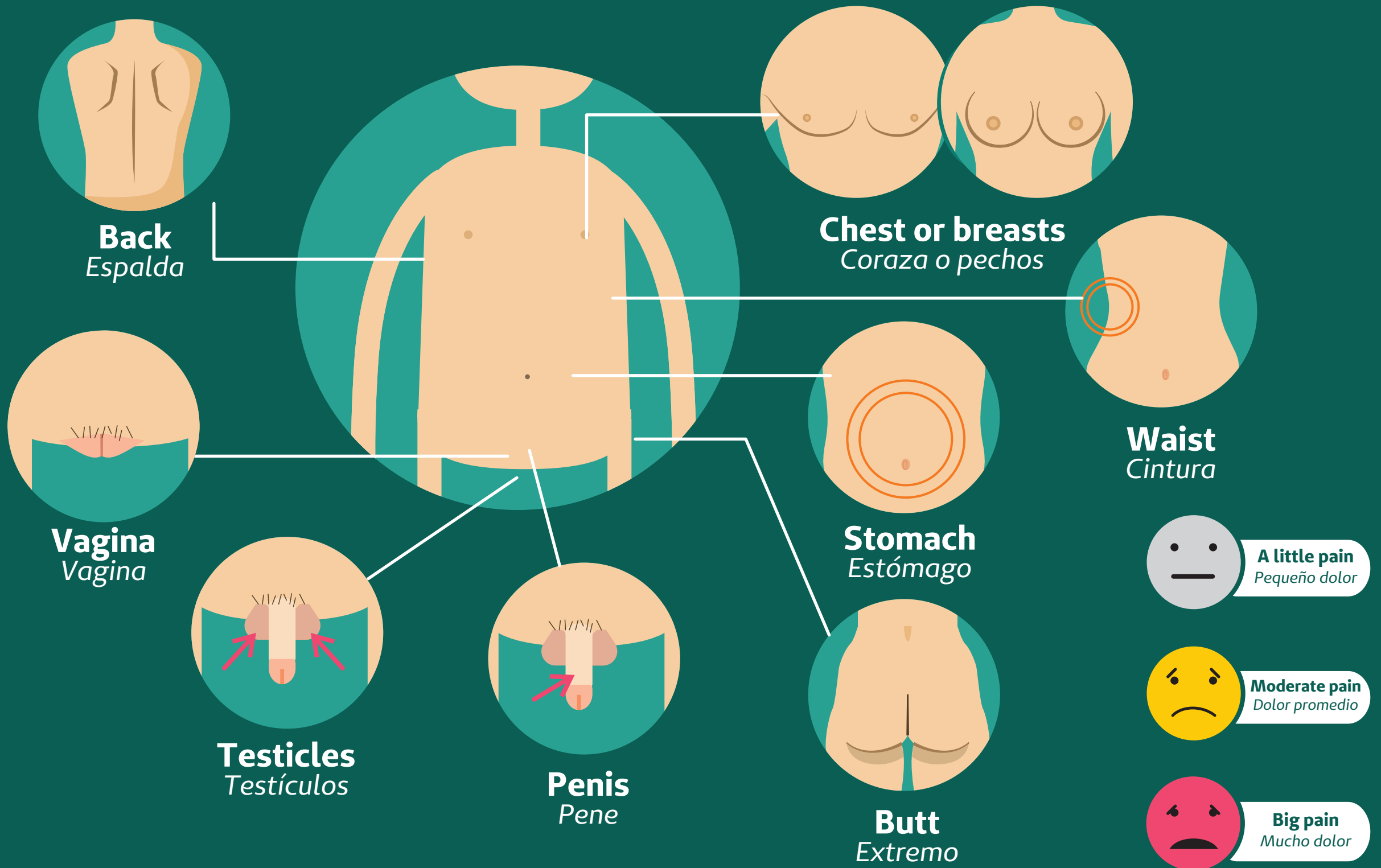
Big pain
Mucho dolor

Arm/ Hand
Brazo/Mano

Ache
Dolor

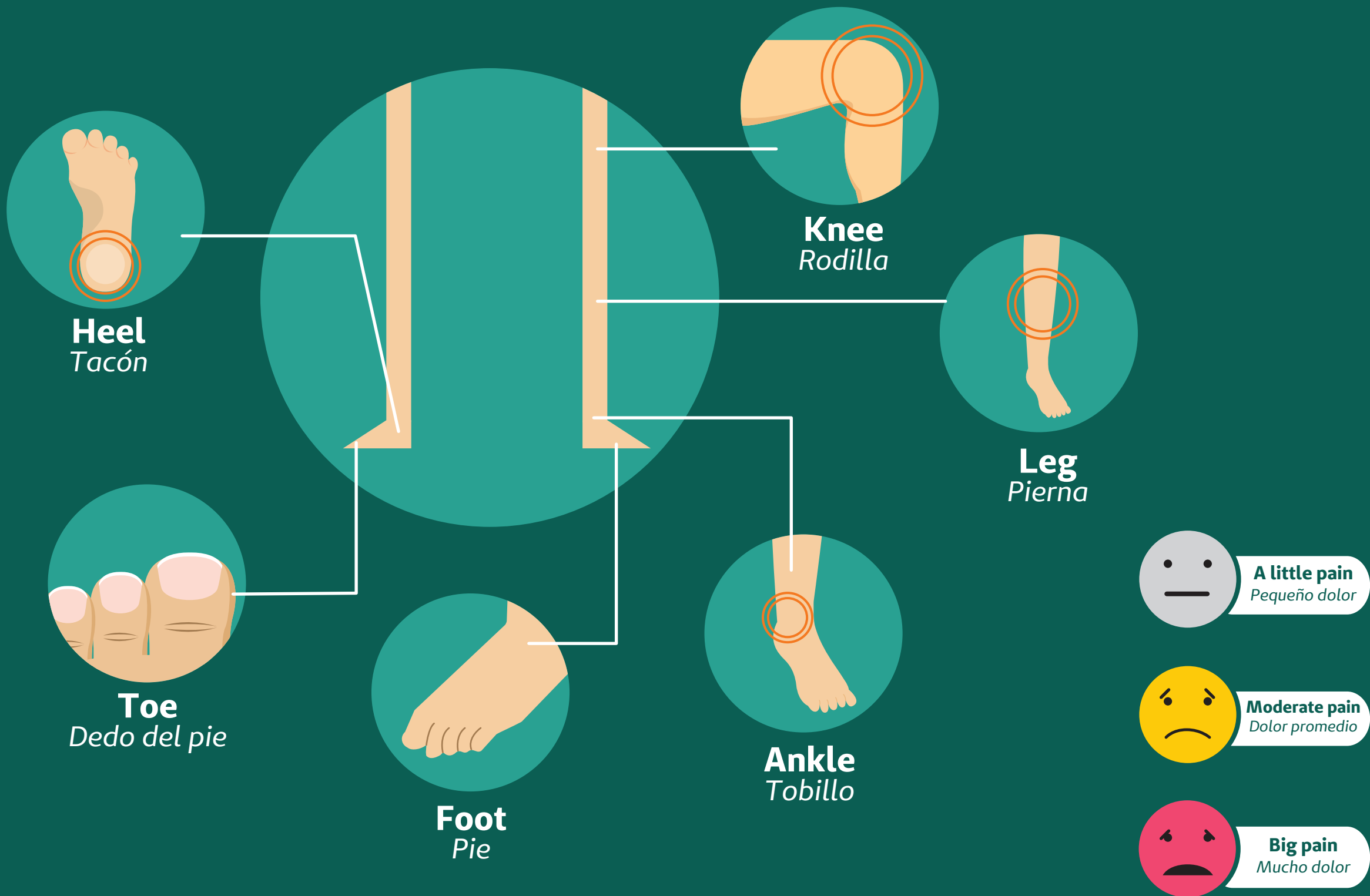
Where is it hurting?

¿Dónde está lastimado?



Where is it hurting?

¿Dónde está lastimado?



Ache
Dolor

Leg/Foot
Pierna/pie

I want to talk with...

Quiero hablar con ...



Doctor
Médico



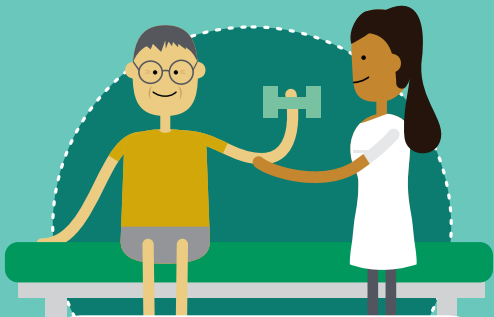
Nurse
Enfermero



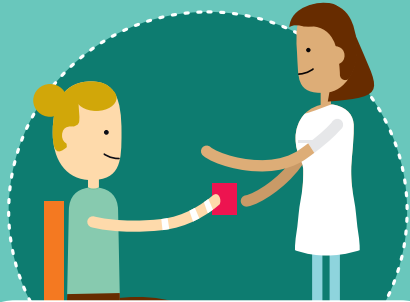
Psychologist
Psicólogo



Nutritionist
Nutricionista



Physical therapist
Fisioterapeuta



Occupational therapist
Terapeuta ocupacional



Religious
Religioso



Social worker
Asistente social



Phonoaudiologist
Fonoaudiólogo



Cleaner
Limpiador

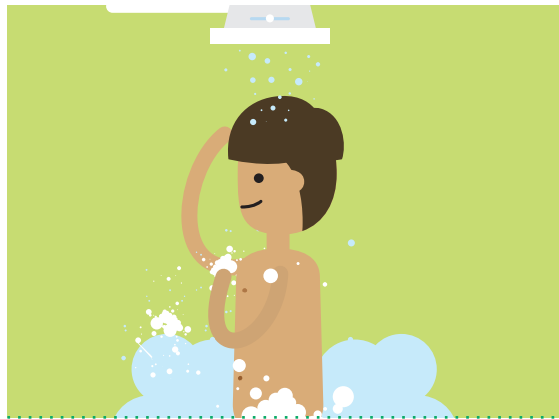


Caretaker
Cuidador



Familiar
Familiar

I want to...
Quiero...



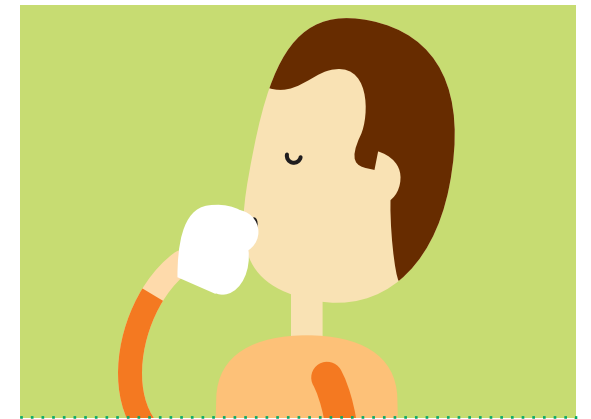
Take a bath
Bañarse



Wash or dry my hair
Lavar o secar



Wash the face
Lavar la cara



Wipe
Pasar un trapo



Comb
Peinar



Deodorant
Desodorante



Cream
Crema



Shave
Afeitarse

I want to...
Quiero...



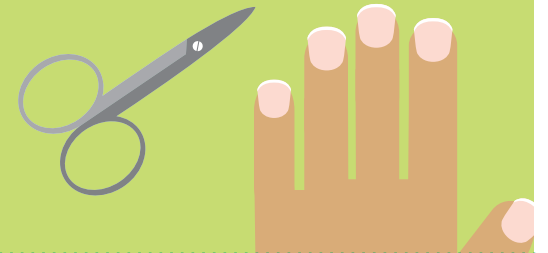
Wipe the glasses
Limpie las gafas



Brush the teeth
Cepillarse los dientes



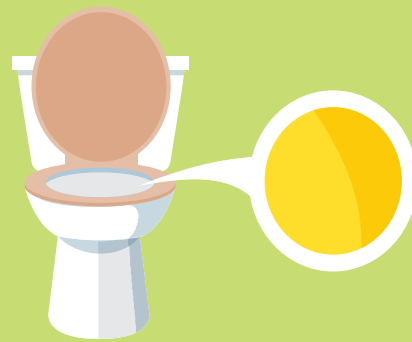
Cheek
Enjuague bucal



Cut the nails
Cortar las uñas



Evacuate
Evacuar



Urinate
Orinar



Change diapers
Cambiar pañales



Aspire
Aspirar

I need my... *Yo necesito mi...*



Cellphone
Teléfono celular



Glasses
Anteojos



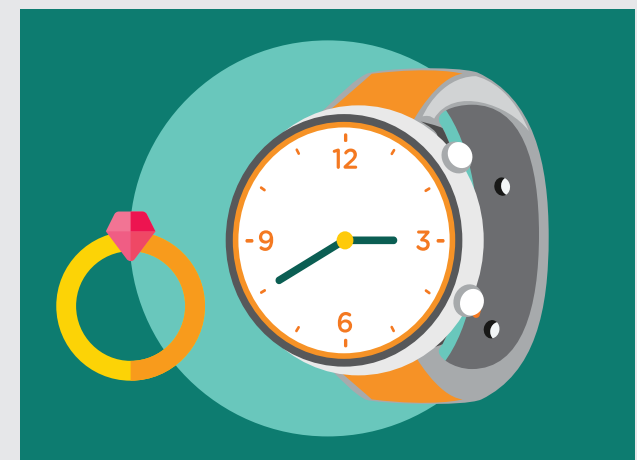
Hearing aid
Aparato auditivo



Denture
Dentadura



Religious symbol
Símbolo religioso



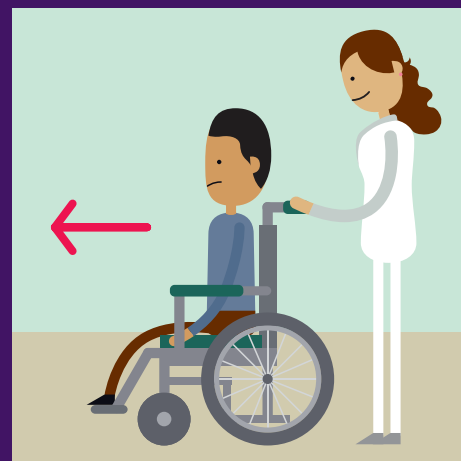
Clock or alliance
Reloj o alianza

I want to know about ...

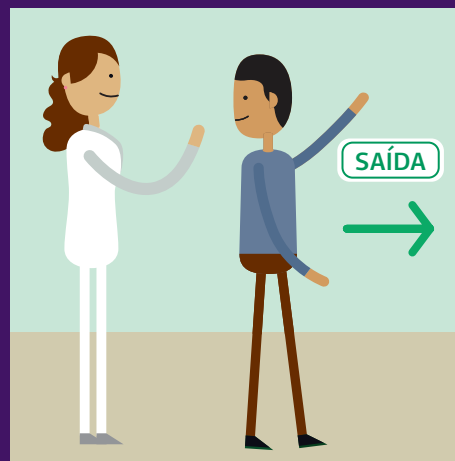
Quiero saber sobre ...



When?
¿Cuándo?



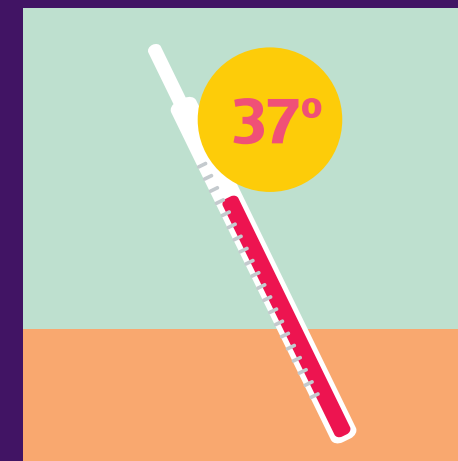
Entry
Aporte



Discharge
Alta



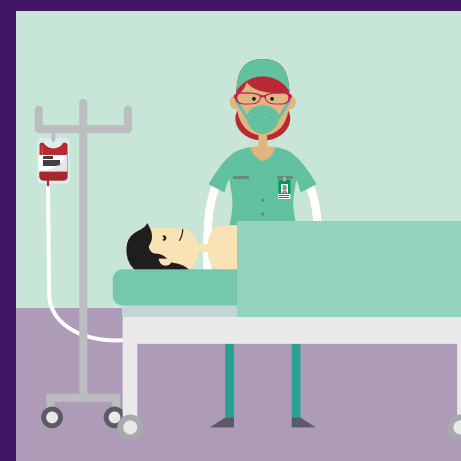
Check my pressure
Medir la presión



Check my temperature
Medir la temperatura



What time?
¿Que horas?



Surgery
Cirugía



Medicines
Medicamentos



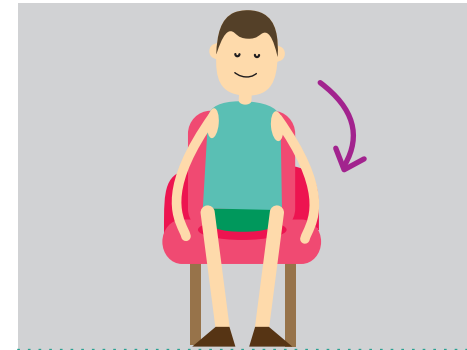
Examinations
Exámenes



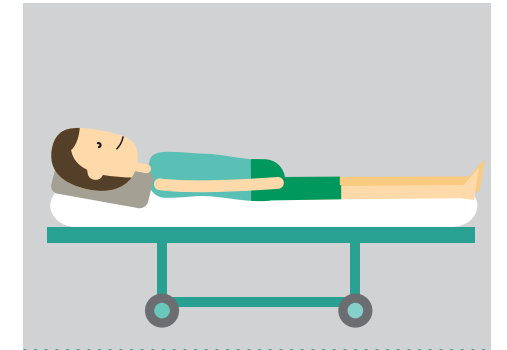
Medical report
Boletín médico

Position

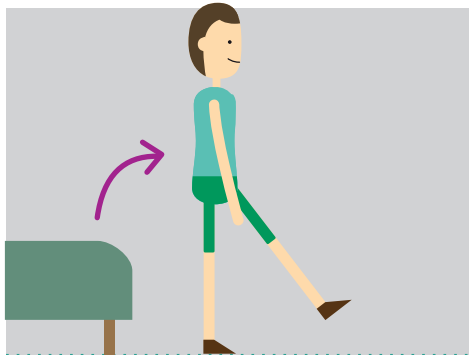
Posición



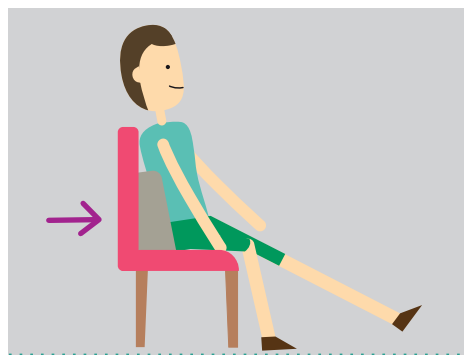
To sit
Sentarse



To lie down
Tumbarse



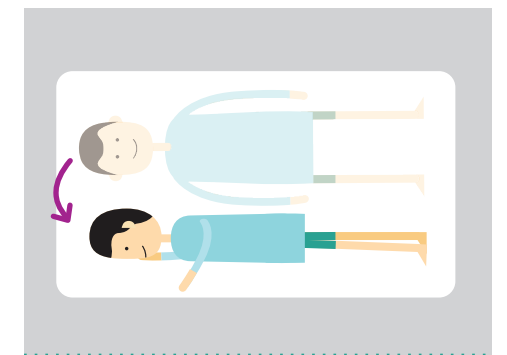
Get up
Levantarse



Set myself
Acomodarme



Footrest
Reposapiés



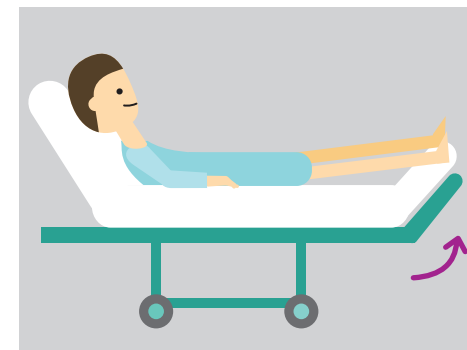
Change position
Cambiar de posición



Raise the backrest
Levantar el respaldo



Lower the backrest
Bajar el respaldo



Raise the footrest
Levantar el reposapiés



Down the footrest
Bajar el reposapiés

I want to...

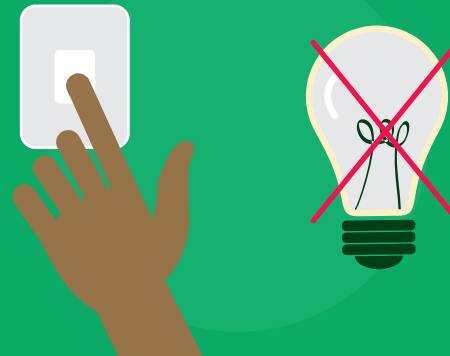
Yo quiero...



Down the shutter
Baja la persiana



Raise the shutter
Levanta la persiana



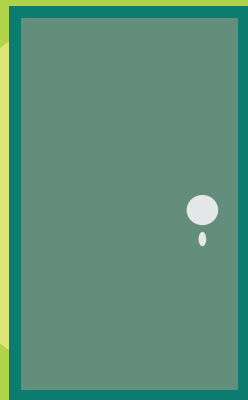
Turn the lights off
Apagar la luz



Turn the lights on
Prender la luz



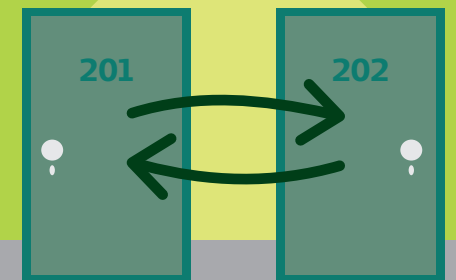
Watch TV
Ver la televisión



Close the door
Cerrar la puerta



Go for a walk
Caminar



Change my room
Cambiar mi cuarto

I'm feeling...
Estoy sintiendo...



Tranquility
Tranquilidad



Confidence
Confianza



Sadness
Tristeza



Fear
Miedo



Anxiety
Ansiedad



I don't understand
No entiendo



Unmotivated
Desmotivado



Boredom
Aburrimiento

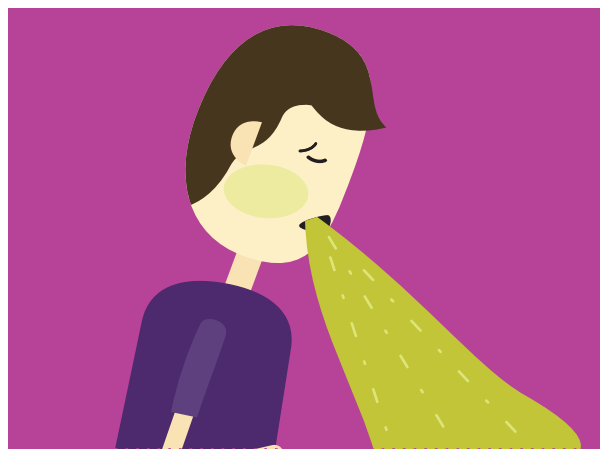


Weakness
Debilidad

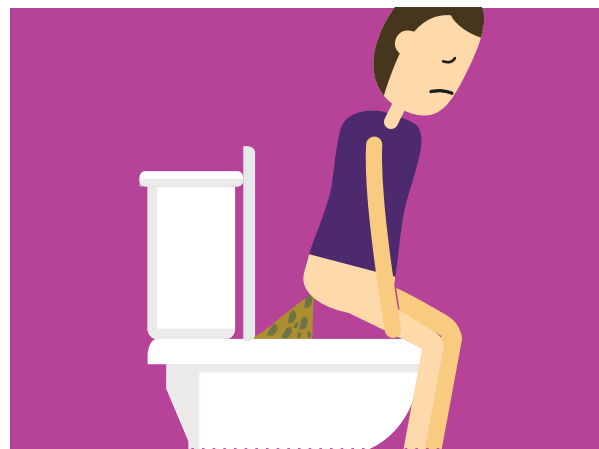


Rage
Furia

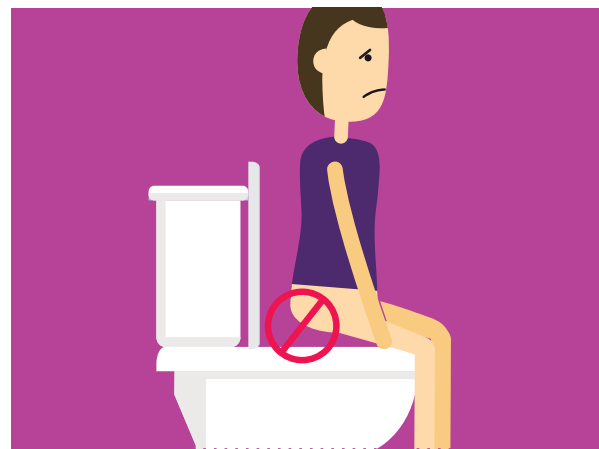
I am with...
Estoy con...



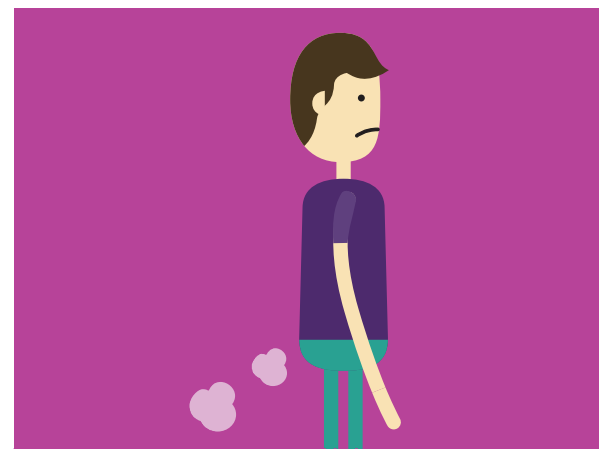
Vomit
Vómito



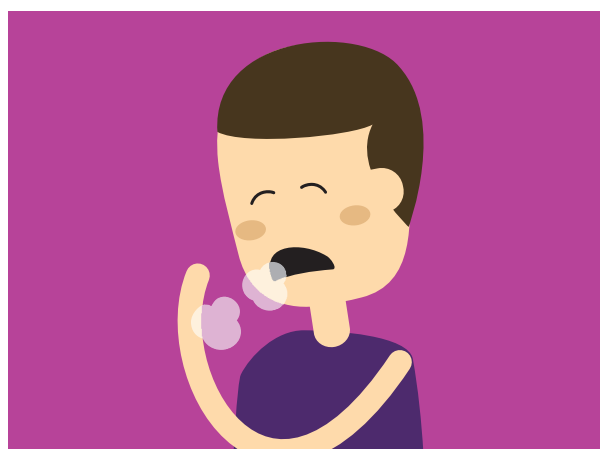
Diarrhea
Diarrea



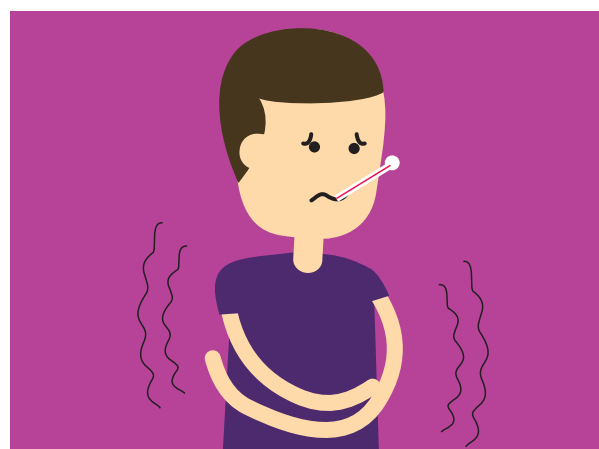
I can't evacuate
No puedo evacuar



Gases
Gases



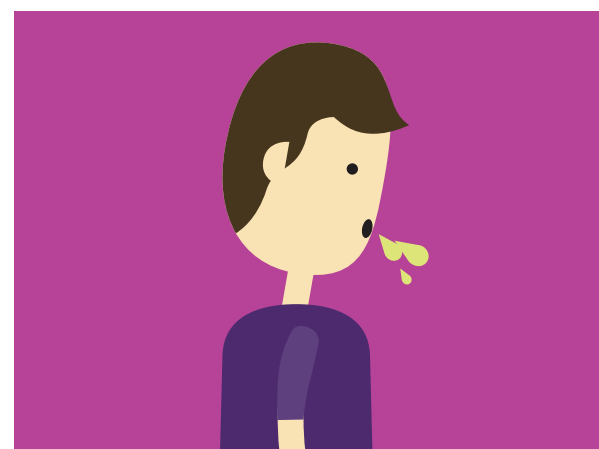
Cough
Tos



Fever
Fiebre



Mucus
Moco



Catarrh
Catarro

I am with...
Estoy con...



Itch
Picazón



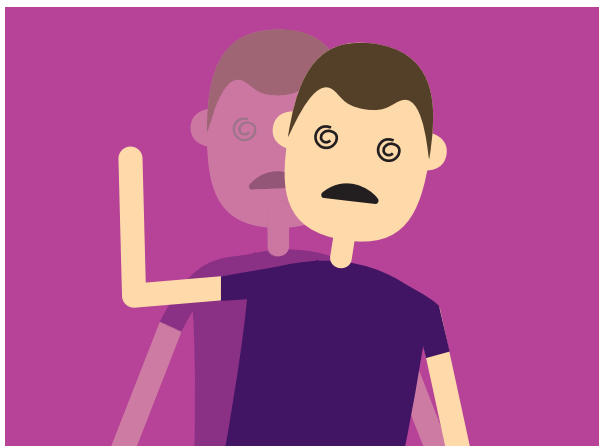
Hiccup
Hipo



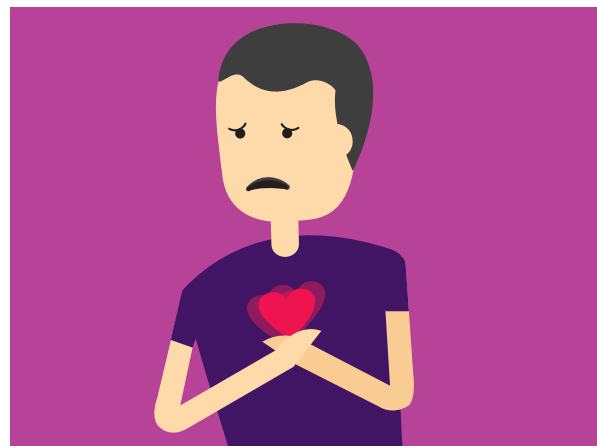
Breathlessness
Falta de aire



I'm hot/ I'm cold
Calor o frío



Dizziness
Mareo



Accelerated heart
Corazón acelerado



Tiredness
Cansancio



Insomnia
Insomnio

I want to write

Quiero escribir

A

E

I

O

U

B

C

D

F

G

H

J

K

L

M

N

P

Q

R

S

T

V

W

X

Y

Z